

# Camp Wide Relay

**Risk Level:** Moderate - High

**Minimum Adults Needed:** 12 competent adults

**Location:** Camp wide

**Supervisors:** Instructors and competent supervisors

**Important Information for Supervisors of Activity Groups:**

- The participants and their safety is **your** responsibility for the entire duration of the session. Do not allow any participant to leave the group without your permission.
- Please ensure your cellphone is off & attention is on the participants at all times.
- Please ensure you are acquainted with the **Activity Instructions** and the **RAMS** form for your activity prior to beginning the session.
- It is expected that your organisation will have briefed supervisors as to any special needs/at risk participants (e.g. a severe bee-sting allergy, epilepsy).
- If you have any concerns about the activity, the equipment or your level of ability in regards to this activity, please speak with One Big Adventure staff immediately.
- Normal precautions for participant safety apply such as:
  - Ensure adequate clothing and footwear are worn especially if outdoors.
  - Maintain group control at all times.
  - Be aware of emergency procedures.
  - Know who your First Aid Officer for the group is and their location.
- Encourage full group participation and have fun together!

- The **RAMS** outlined below are for hazards that could result in serious illness, injury and/or death. These hazards are specifically related to use of One Big Adventure equipment during activities.
- Risks associated with normal daily life have not been included (such as bee stings, sunburn, etc.) as it is expected that all groups will apply normal precautions to avoid these and to address them if need be.

**EMERGENCY PROCEDURES**

1. Stop the activity
2. Assess the situation and the group safety as well as your own
3. Call 111 and give clear details or instruct another adult to do this step
4. Administer first aid and seek further treatment if necessary
5. Fill in Accident Report Sheet with your First Aid Officer (See Staff)

Equipment		
Risk	Causing Factors	Normal Operations
Injury	Broken or damaged equipment	Ensure equipment is set up correctly. Equipment undergoes regular maintenance checks by staff.
People		
Risk	Causing Factors	Normal Operations
Injury or Death	Participant hit by someone / something while using obstacles or completing challenges	Correct adult supervision at each challenge.
	Loss of group control or misbehavior	Adequate adult supervision.
	Allergic reaction	Adults to be aware of any special diets within the group.
Environment		
Risk	Causing Factors	Normal Operations
Injury	Gravel, paths, mud	Ensure the participants are careful when running from place to place. Appropriate footwear to be worn.

# Rainbow Tag

**Risk Level:** Low

**Minimum Adults Needed:** 1 OBA Instructor & 12 Competent adults

**Location:** Camp wide

**Supervisors:** Competent adults

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- Please ensure you are acquainted with the **Activity Instructions** and the **RAMS** form for your activity prior to beginning the session.
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- Normal precautions for participant safety apply such as:
  - Ensure adequate clothing and footwear are worn especially if outdoors.
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People		
Risk	Causing Factors	Normal Operations
Injury	Participants falling, tripping or colliding with each other	Advise all participants (Including adults) to be cautious of their surroundings.
	Participants not adhering to boundaries	Boundaries are clearly set and explained to participants by OBA staff.
	Loss of group control or misbehavior	OBA staff to run activity with support from competent adults supplied by client group.
Environment		
Risk	Causing Factors	Normal Operations
Injury or Drowning	Natural stream	Boundaries are clearly set and explained to participants by OBA staff.
	Falling branches, trees or other.	Advise all participants (Including adults) to be cautious of their surroundings.

# Sideline Soccer

**Risk Level:** Low

**Minimum Adults Needed:** 4 competent adults

**Location:** Field or in the gym

**Supervisors:** OBA Instructor or competent adults

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- It is expected that your organisation will have briefed supervisors as to any special needs/at risk participants (e.g. a severe bee-sting allergy, epilepsy).
- If you have any concerns about the activity, the equipment or your level of ability in regards to this activity, please speak with One Big Adventure staff immediately.
- Normal precautions for participant safety apply such as:
  - Ensure adequate clothing and footwear are worn especially if outdoors.
  - Maintain group control at all times.
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**EMERGENCY PROCEDURES**

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5. Fill in Accident Report Sheet with your First Aid Officer (See Staff)

Equipment		
Risk	Causing Factors	Normal Operations
Injury	Being hit by the equipment.	Participants are instructed to be careful and not to hit each other with the equipment.
	Carpet or grass burns. Falling over or colliding with other participants.	Participants are to be mindful of each other & to be careful when running around.
People		
Risk	Causing Factors	Normal Operations
Injury	Loss of group control or misbehavior.	Competent adult supervision and group management.

**Risk Level:** Low

**Minimum Adults Needed:** 10 competent adults

**Location:** Field or Gym

**Supervisors:** Instructor and competent adults

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Equipment		
Risk	Causing Factors	Normal Operations
Injury	Broken or damaged equipment	Ensure equipment is set up correctly. Equipment undergoes regular maintenance checks by staff.
People		
Risk	Causing Factors	Normal Operations
Injury	Participant hit by someone or something whilst completing a station	Competent adult supervision and instruction at each station.
	Loss of group control or misbehavior	Competent adult supervision and group management.
Environment		
Risk	Causing Factors	Normal Operations
Injury	Slipping or tripping	Instruct participants to be careful when moving between stations. Appropriate footwear to be worn.



**Risk Level:** Low - Moderate

**Minimum Adults Needed:** 1 OBA Instructor & 10 competent adults

**Location:** Field

**Supervisors:** Competent adults

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Risk	Causing Factors	Normal Operations
Injury	Participants tripping over equipment	OBA staff members will brief all participants about safety before participation occurs.
People		
Risk	Causing Factors	Normal Operations
Injury	Loss of group control and misbehavior	Competent supervisors to be provided by the client group.
	Participants slipping whilst running	OBA staff members will brief all participants about safety before participation occurs.
	Participants colliding with each other	OBA staff members will brief all participants about safety before participation occurs.
	Participant hit by something whilst completing a station	Adults with pool noodles to be mindful of their power.
Environment		
Risk	Causing Factors	Normal Operations
Injury	Oncoming cars that are moving down the driveway	Participants briefed about the safety of the driveway. Competent adult supervisor monitors the driveway for any cars and will ensure all participants are off the driveway if any cars approach.